



ISC Antar Bharati Balgram School



Namaste France, Bonjour India

2022-2023

Editorial Committee



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Principal's Message

Let's Celebrate Education

"There is a powerful driving force inside every human being that, once unleashed, can make any vision, dream, or desire a reality." Swami Vivekanand.

Flower that is single need not envy the thorns that are numerous. Flowering is the transformation, it spreads fragrance and happiness. At Antar Bharati Balgram School, we believe that the success of the school depends upon the number of smiles created every day. As I walk down the premises of the school everyday, I can hear the chatters of eager minds, the cheers of victory from the athletes and the sounds of melodious voices harmonizing. I get charged up when little champs come running and ask "Do you know Sir, what happened?", transcending their curiosity on me. In the quest to give a fulfilling journey from tiny tots to adolescents, the school provides world class infrastructure with safe, healthy and positive learning environment.

In our school curriculum, the student is the primary focus and each child is involved in the learning process. We are constantly improving our teaching methodology so that it turns learning into combination of classroom study, research and scientific discovery. We know that the learning is social and in the context of today's - 21st century, understanding of global citizenship is the need of an hour. So, we at ABBS have taken up the project of School linkage at various levels, by using online platform.

It's my privilege to present the ABBS school Magazine "**Namaste France and Bonjour India**". A platform to understand two countries – India and France. The opportunity to develop knowledge about culture, traditions, climate change- global issues, technology and global job profile. This initiative can help break down cultural barriers and diminish stereotypes, allowing students to be self aware, well read and researched global personalities to contribute positively to humanity.

Dr.Sandesh Kadam

Principal

Antar Bharati Balgram School

Let's see what is in store for you

Greetings, I am Shreeya Kharat, Head Girl (for the academic year 2022-23) and with me is Shreyas Chavan, Head boy, we the "AMBASSADORS OF ABBS" would like to welcome the readers. Time flies so fast, when I look back at the last year of our school, I remember the insightful, enjoyable and intriguing journey we had, that we wish to share with you.

Yes Shreeya, I once heard a famous saying by Lord Krishna in Mahabharata, "Every problem is born with a solution", and so was our last year, and we sailed happily through those dreadful waters with the help of our Management, Balgram Director, Teachers, CWO, Sadan Matas, all our support staff and our Principal.

We are excited present this edition of our school magazine that showcases the glimpses of our journey of academic year 2021-22 in our magazine.

Well, I am extremely proud to announce you that Antar Bharati Balgram school is publishing a magazine for the first time in two years, to celebrate the eventful journey we had during the last year with our Readers. We hope it reaches far and wide, to our students, parents, teacher fraternity, school communities, sponsors, donors, and going with the theme, the people of France.

Wow! This sounds interesting, But why India and France? Is it because its giving us a chance to see a new culture and its difference aspects? I know for sure some of our patrons are from France. That will be wonderful to acknowledge and recognise their continued support through this maiden venture

Shreyas, we live in the 21st century and that too a digital world, where anyone and everything is on the tip of our fingers. We are truly Global Citizens. For this we at ABBS have started with the school linkage programme at district, state and global level, so that our students can gain an understanding about the outside world and also an exchange of ideas, values, skills can take place between the students.

I have read some magazines before, those 100 of pages appears like 100 melodious lullabies. They make me sleepy Shreeya.

Ha ha ha, don't you worry Shreyas, our magazine is going to be a journey of beautiful creative expressions, in the form of fine arts, literature and scientific knowledge.

YES! That is why we now present to you "Namaste France, Bonjour India" a magazine that celebrates India and France through creative expressions by our students with respect to culture, heritage, food , historical sites, Flora and fauna, national ideologies and many more. Come and discover the hidden talents of our students! We hope you like it.

My Pen Friend

Antar Bharati Balgram School
INS Shivaji Road,
Lonavala 104401,

Dear Priya

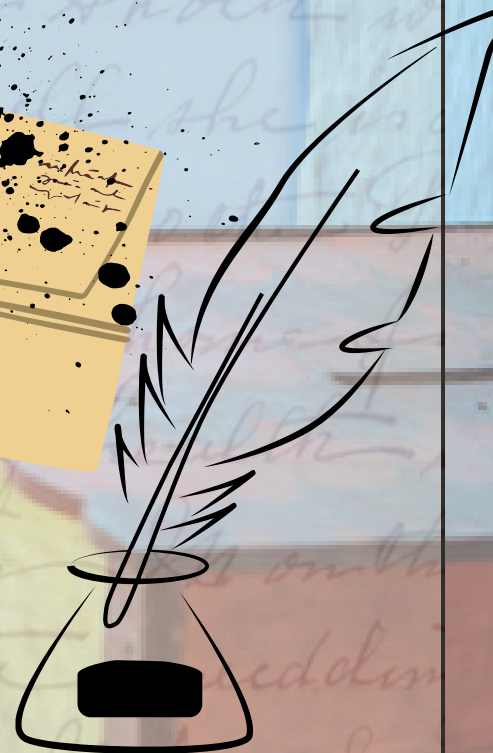
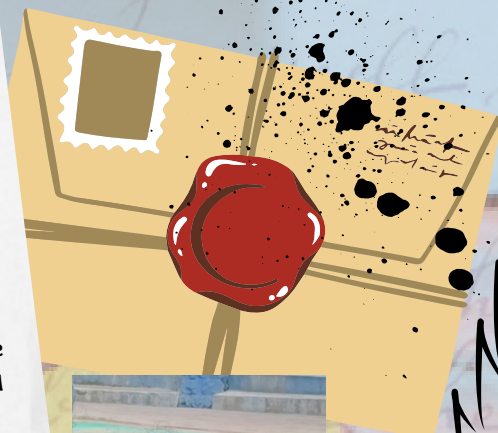
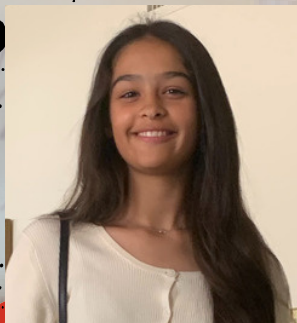
Hello Priya! How are you? Are you fine? How was your summer vacation? I hope it was good. By the way, I want to discuss many things with you. I want to tell you that I am having a dance class. It is called Bharatanatyam and I also learn music from Chetan Sir. He is our music teacher.

He always tells us that another word for music is discipline only. That is because we have to sing in rhythm. If we do not sing in rhythm, it sounds weird and ha! I also want to tell you that I have done my first music exam. Sir is saying after one or two months I will get the result.

By the way, we are having good greenery in Lonavala. We have Bhushi Dam and so many things. Let us talk about our school principal Dr. Sandesh Kadam Sir. He always supports us in everything. He never says "NO" to anything. He says that he is the father of Balgram. If you have any problem you can come and share with him and he also took us for mountain trek. He gives us many things to eat. We enjoy with him a lot. I used to ask one question everyday to him. He used to answer very carefully.

Then I go home. Afterwards, I come down to play again. Then I go home. I enjoy every day. Take care have a nice day! Be happy with your family

Your friend,
Treesha Kharat.



Hi!

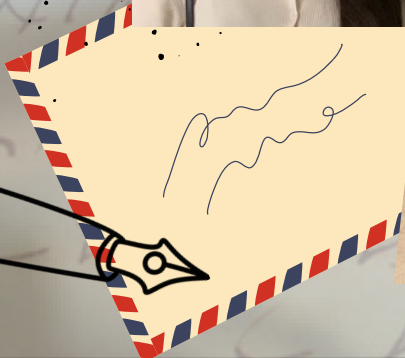
Dear Treesha,

For now, my summer is absolutely amazing. How about you? I hope you pass your music test. Your school principal sounds like a great person. It's nice to have someone to talk to who won't say "no" to everything.

What games do you play with your friends? I am currently in France with my cousins and we are going to go swim in our favorite lake! Tomorrow I am going to see my friend and we are going to play on the trampoline! I still work a lot during the summer, but it's fun. I learn Spanish and math and spelling.

At school, I have a lot of friends; we play talk and laugh a lot. My favorite subjects are sports (especially ping pong) and English class. We read books and watch movies all the time. What are your favorite subjects? Our lunch break is only 40 minutes so we don't have much time to talk, but it's fine because we have another recess that's 15 minutes where we can talk all we want!

Have an amazing day, and hope to hear from you soon!
Priya Dubourg



Budding Poets

Rap song

Footpath par baithe baithe, din ka intezaar karu,
Kab wo din aayega, jis din kitab padhu,
Kale se zindagi ko, ujale ke naam karu,
Kya mai karu?

Kismat se bhatka tha mai, jindagi k taur pe,
Maksad mera aage, mai fatt se nikla daud ke,
Aasman saara futela, mai badalon me kho gaya,
Iss Balgram me aa ke , mai chain ki nind so gaya,
Sapno me mera khwab tha, pura man mera saaf tha,
Aage jane ka rasta, manzil se mere paas tha,
Har manjil se pehle, labzo pe naam rakhna,
Ram -sacchai ka rasta, dikhata mera Balgram.

Yash Gorkhe
Grade 9

RAMADAN

Ramadan is making a song, As we were waiting on for so long,
So, the joy is everywhere, Smile on every face and no Tear,
So, the Eid is for what we wait and long.
SABKO SABKO SABKO EID MUBARAK

By:- Sartaj Khalifa
Grade 7

HOLI

Holi, oh Holi, you are the season with colours,
You feel our life with cherishing memories of colours.
Red, Green, Orange, Black and Cream,
Colours are Hope, Love and Dream.
Holi, oh Holi, you are the festive of sweets,
we eat Jalebi, Samosa, thandai with PuranPoli.
As we all say HOLI HAI BHAI HOLI HAI.... BURA NAA MAANO HOLI
HAI..

By:- Samiksha Kharade
Grade 7

GANESH CHATURTHI

You are the Lord,
You are the God of Intelligence and Wisdom,
You give us Happiness. We Pray to You,
Our Love for you is so True. (1)
You are the Master, You are the Father.
You enter our house with Happiness,
And depart with Sadness.
As we all hail aloud
GANPATI BAPPA MORYA!!

By:- Kalyani Bhome
Grade 7

NAVRATRI

The temple priest has rung his bell,
A cloud of smoke from candles and lamps
Hail to the Goddess, full of Strength and Power...
Oh Mother! Here we are...
JAI MAATA DI..

By:- Samiksha Kharade
Grade 7

DIWALI

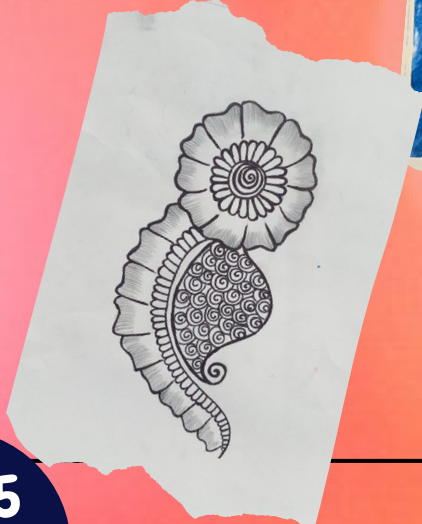
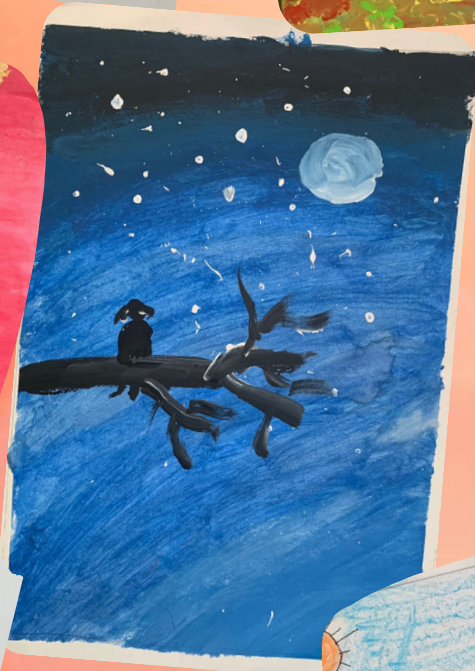
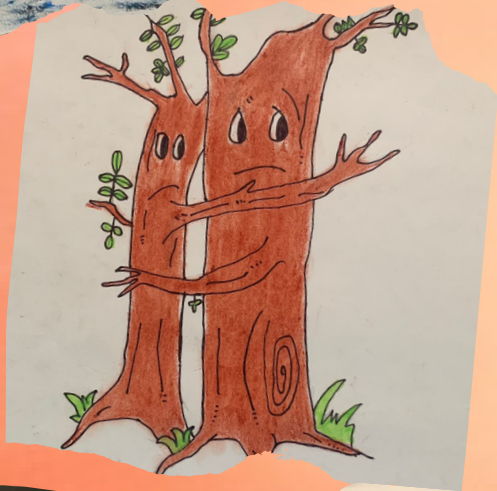
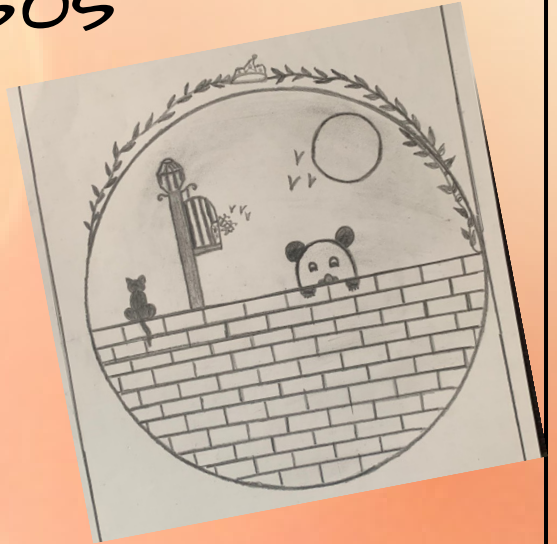
Diwali is here with a sweet smell of
flowers,
The array of colors,
Candles and lamps are been sparkling,
Firecrackers are bursting
Elders and Younger's everyone can be
heard merrily chanting
DIN DIN DIWALI
GAAY MHASHI OWALI..

By:- Kalyani Bhome
Grade 7

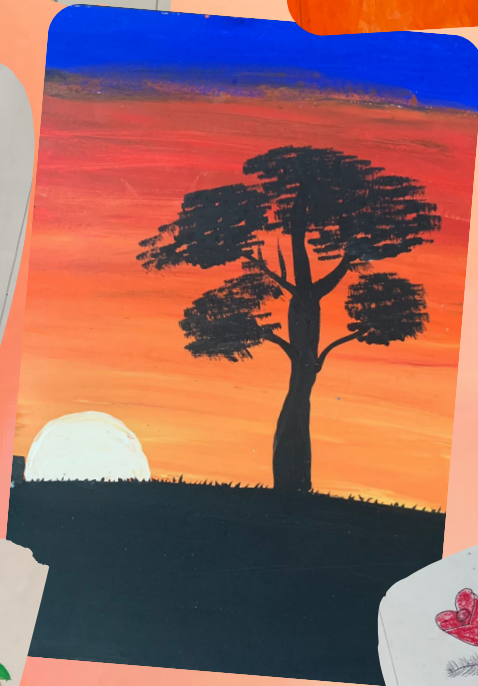
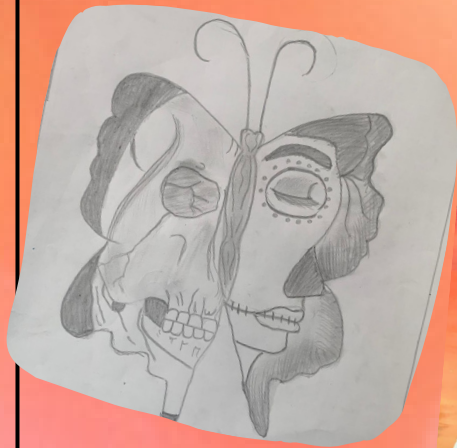
Little Picassos



Sant Tukaram



Little Picassos



Shreyas: I have a doubt Shreeya, What is World Cafe?

Shreeya: Its a an interesting and engaing method to know about a topic in a small amount of time and focus on the key points, like here

World Café



The World Café methodology is a simple, effective, and flexible format for hosting large group discussion. 20 members of editorial committee are divided in 5 groups, and five themes were discussed. Each table has one teacher who is the table host. The process begins with 10 min conversation on the theme among the team. At the end of the Ten minutes, each member of the group moves to a different new table. Table host invites the new members and brief them about the discussion in 1 min, and carry further conversation to get new ideas and opinions. At the end, table host summaries the inputs received by the whole group. Theme chosen are, National Identity, Student's expression, Climate change, food, Festivals in India-France.



National Identities: Monuments

Fact Sheet

India	France
Population	
1,418,344,631 Second Largest Country in world	67,259,012 Twenty Second largest country in world
Life Expectancy	
67.8 years	81.6 years
Capital	
New Delhi	Paris
Largest City	
Mumbai	Paris
Official Language	
Hindi & English of many	French
Currency	
Rupees	Euro
States	
28 states and 8 union territories	22 regions called states.
National Days	
Independence Day: 15th August Republic Day: 26th January	Bastille Day- 14th July

India Gate, Delhi



Arc de Triomphe de l'Étoile, Paris

Both the monuments are built for in the memory of the soldiers martyred in the world war.

In both the monuments', the gates are in the arch shape The names of all the Indian soldiers, who had laid down their lives in World War 1 are listed on the surfaces of the India Gate. The Arc De Triomphe remembers those soldiers who had lost their lives in France in the Napoleonic Wars and the French Revolutionary Wars.

The eternal flame of the India Gate, known as Amar Jawan Jyoti, took place on Republic Day 1972, to honour the soldiers. There is a flame beneath Arc De Triomphe, too, that came into existence on 11th November, 1920 to honour the French soldiers.

Sacré Coeur de Montmartre, Paris



Taj Mahal, Agra



Both the monuments look similar in appearance.

Both the monuments have three tombs. There was no confluence of historical influence between them, but it's intriguing how both the monuments look so alike in the same era.

KNOW US MORE



On an average Indian reader spends more than 10 hrs a week, whereas in France an average reader spends less than 02 hrs a week.

If you live in India, you can live up to 70 years, But if you live in France, you can live up to 82 years

In India you have to pay a tax up to 35.5 %. In France you have to pay a tax of 50.2 %.

India has a vast coastline of 7000 km; France has a coastline of 4853km.

In India 16.8% people live in joint family, whereas in France just 1.5% live in Joint family

India is a developing country which allows 84% of population to have access to electricity, while in France 100% of population have access to electricity.

In India , you can treat your taste pallets with variety of food as you move from one state to another. France has less cultural diversity than India.

In India, about 34.5% do have access to internet, In France, approximately 82.0% of the population has internet access.

In India, there are 18.2 babies per 1,000 people as of 2020, In France, there are approximately 11.9 babies per 1,000 people as of 2020

In India around 3.9% people are obese, where as in France 21.6% are obese

In India Literacy rate is 77%, whereas in France, in France literacy rate id 100%

In India around 21.9 % people live below poverty line. In France 14.2 % people live below poverty line.

India is a diverse country with 122 languages spoken all over the country. France speaks around 22 languages.

If you live in India, you will get minimum 22 National holiday, whereas if you live in France, you will get just 14 national holidays.

Celebrations and La Fete

The festivals in France are usually celebrated during the summer season.

The festivals in France are usually related to fun and enjoyment.

Festivals here are made up of amusement rides, food vendors, game of chance and skill, thrill acts etc.

The celebration of festivals has music and life in the form of free concerts and recorded musical instruments.

People in France get down to the street to have enjoy through dance, through portraying colourful and unique costumes, makeups etc.

It is true festivals are important for the expression of culture, to involve music, dance, costumes, performances for individual enjoyment but it also has negative social impacts like traffic congestion, overcrowding, air pollution and increases antisocial behaviour so we should always be mindful and responsible for our actions.

Festivals in India are celebrated to showcase the love and affection towards God and their particular religion.

The festivals in India are mostly related to religious and spiritual aspects.

The festivals in India are celebrated throughout the year because India is considered as the land of many religions

Festivals in India showcases the use of Hindustani classical instruments such as Basuri, dholak, table etc and enjoys live performances

Festivals in India promotes constitutional values such as secularism, brotherhood, depicts stories from the life of Gods.



Student Expressions

If I would be a Peacock

Being a Peacock.... wow!!! It's like my dream turned into the reality. I would merrily dance and sing ... Meow... meow... meow..... I would remain around my Balgram, As Balgram has many snakes around. I would protect my friends and Sadan Mata from snakes. I would open my feathers and dance in rain and make Chechi, Shubhangi ma'am, Sandesh sir and all teachers feel proud of me. I would fly and climb on top of trees to drop fruits like Jam, Jamun, Mangoes, Litchees for my friends. I would drip my colourful feathers for my Sadan Mata so that she can offer them to lord Krishna. I would become the happiest individual for being a national bird. I would fly and roam all over India with my very long tail to become centre of attraction for all and feel honoured of myself.



Name: Neha Sharma (Grade 8)



If I would be a Rooster

Fairy has rolled the magic wand over me to make me "Gallic Rooster", the national bird of France. By the way Rooster is a male chicken or a cock. I don't have a watch to figure time but still I wake up before everyone else in the morning without fail. And some lazy people even after hearing me alarmed take their blankets and sleep longer. Because I wake up the entire nation, France has selected me as their national bird. Some people found me silly as if I don't have any work and only disturb others sleep. And some think I don't look beautiful, still I walk with attitude. But let me tell you all I have God gifted talent, I have special eyes that can sense the twilight, and special vocal cord to make special alarm to wake up people. Not only that I sacrifice my beautiful body to become food for all human race. But my appeal to everyone please treat me royally. If you don't want to respect me, it's okay, but look at me a just a chicken tandoor.

Name: Mohini Manjunath Chavandi (Grade 9)

Student Expressions

If I were on the top of the Eiffel tower

It was like a dream come true for me when I got a chance to be on the top of an Eiffel tower, the symbol of love. But for that I wore a special dress with wings and I could fly with my wings, to reach on the top of Eiffel tower.

What a fascinating view it was! Everything looked tinny, men and women were like ants and all vehicles look like toy cars from top. I could see the whole Paris from there. The wind was gushing over my face, playing with hair as if they were Welcoming me to this beautiful place.

I was treated as a princess and welcomed at all the restaurants above. I had tasted all the different slices of pizza and pastas, they were yummy. After that I dressed the most beautiful gown possible and taught and made people who were there to sing with me a song from Bollywood

"Aaj mai upar ,aasman niche ,aaj mai aage ,zamana hai piche

"Siddhi, Ag ... Siddhi! Get up it's the time to wake up."

What a lovely dream it is! I hope it comes true someday.

Name- Siddhi kadam (Grade 8)



On top of Sahyadris

Friends, during summer vacation our principal sir took 10 girl students from Aditi Sadan for a trek.

Earlier morning 6 am we started trek and by 7.30am we reached the highest point of Lonavala mountain next to our Balgram. We were like touching to the clouds, among the clouds. For a moment I thought I am like a fairy on the clouds. Cold wind was providing calming effect and we were completely relaxed. We could see our Balgram and ABBS. Bhushi dam was looking like a puddle of water. When we sat at the edge of mountain cleft, we all thought like on the top of the world and time should stopped forever. I between a thought came "kash we would have wings like an Eagle or we would have used paraglide to fly in the sky"

Such a beautiful nature God has gifted us. But we human being are not taking care of it. I could see so many empty bottles, plastic wrappers lying down at the various corners. We collected many of them and carried with us to throw them in dry waste garbage bin for recycling. We promised to ourself to save the mother land.

Name: Annu Sinha (Grade 8)

Student Expressions

Attar to perfume

Plants grow well in fertile soil and fortunately at Balgram we have good quality of soil. We grow variety of vegetables, herbs as well as flower plants all around us. I would like to emphasize on the variety of flowers you would find in Balgram. We have roses, hibiscus, lily, champa, marigold and jasmine.

Our sadan mata makes beautiful garlands of those flowers and hang it at the door as part of our Indian tradition. The garlands spread fresh scented smell everywhere and makes the atmosphere very pleasant and sweet smelling. One day a man visited us who had variety of beautiful smells locked with him in small glass bottles. He liked to call them 'attar'. He taught us to make sweet smelling attar from the flowers available around us through very simple and easy processes.

However, we had a guest from France, he brought 'Perfume' as a gift for us. The perfume had floral, fresh and sweet notes blended masterfully. The gentleman informed us later that Paris is the world's perfume capital with best quality of perfumes produced as an important source of income there.

I truly believe nature is also a Santa who provides everyone with best gifts. Anyways, Attar or perfume both helps me to keep the bad body odour away from me and makes me smell good throughout the day.

Name: Payal Thakur, (Grade 7)



Cow to Cheese

Indian mythology and culture show the evidences of 'India as the land of cows and cattle'. My favorite God, Lord Krishna was known as Gwala (protector of cow) and Makhan chor (butter thief). And obviously I too am the lover of milk and milk products like lord Krishna. Do you know, I have read in some general knowledge books that India has world's 75% cattle population, that means I am in the right country where milk is abundantly available.

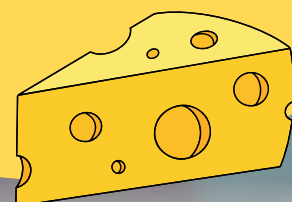
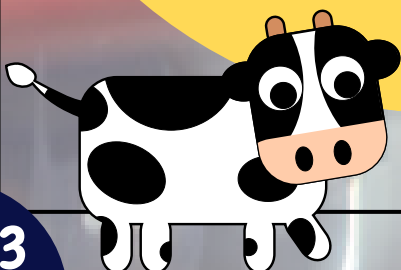
At Balgram, every child gets half litre of milk per day. So, we drink milk 2 times a day. Apart from that my sadan mata makes curd, buttermilk, ghee and paneer at our sadan. Although, I never get a chance to make a pyramid like lord Krishna to steal butter (Makhan). India is very famous for lassi and Mava pedha (Sweet dessert). If you come to India and "Punjab ki lassi na khayi aur Bhangada na khela... Oye oye shava shava Maahiya" then you will miss out on something extraordinary.

And I have also read that France is rich in 7 milk products like, Lait (Milk), Crème (Cream), Creme France, Fromage (Cheese), Fromage Blanc (White Cheese), Yaourt (Yogurt), Desserts Lactes (Milk Based Desserts), Beurre (Butter)

Most of milk products are produced by bacterial fermentation and downstream procedure on milk. Due to the advancement of biotechnology, the Cheese production is happening in huge quantity, and France is second largest country in cheese production after Netherland. That's really amazing.

But I would also like to take bring to your attention to one of the global issues, in India, people offer milk to lord shiva by pouring the milk on his statue. Everyday thousands of litres of milk is wasted in this way, instead of this, if this milk would be given to the poor children and people, lord Shiva would be more happy and shower blessings.

Name: Yatharth Pandit (Grade 8)



Climate Change

Shreeya, under the Gardens for life project, we have planned for rice saplings transplantation since last two weeks, then why aren't we doing it?

In Lonavala, last 2 weeks it rained without a break, and all the sown rice seedlings were flushed away, we are now getting new saplings from Kamshet, but imagine what a heavy loss to so many farmers whose entire family is dependent on the rains and crops. My heart sinks to read their stories in the newspapers.

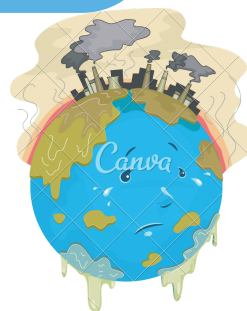
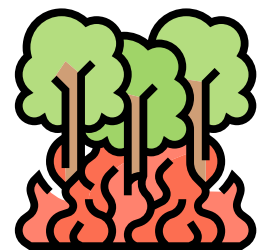
I remember my grand parents telling me that 50 years back, monsoon used to begin on exactly around 7th June with regular rainfall till November and it used to retreat by around 10th November. But from last few decade weather patterns in Lonavala is changing drastically.

Isn't this Climate change; but I guess this is not the problem of Lonavala city alone, or Maharashtra or for that matter; India, its a Global issue. Every country is facing this. To understand this issue in depth our school has planned collaborations with other schools and the incorporation of SDG's in our curriculum.

We discussed Climate change and global warming issues and the problems we face today through the world cafe method.



Climate is sometimes mistaken for weather, but climate is different from weather. The climate of an area includes seasonal temperature and rainfall averages, and wind patterns. Climate change is the long-term alteration of temperature and typical weather patterns in a place. Climate change could refer to a particular location



Sa Re Ga Ma
Do Re Mi



Shreyas: Shreya, at ABBS, we give equal importance to all co-curricular subjects, and music is given high priority among them, as we see many budding singers and musicians among our ABBS students.
Let us see melodious elements of France and India.

Shreeya: Music is often called the world's universal language. No matter where somewhere may be from, everyone seems to understand the feelings that music evokes. ABBS has a separate Music Lab, for the expression of those emotions

The oldest musical instrument of India is Veena, symbolises the Indian Ethos. Lord Saraswati, the goddess of learning, is visualized as Veenapani, the Weilder of a Veena.

Name: Laxmi Ghosh

Grade 6



Lata Mangeshkar (Bharat Ratna) was the Melody Queen of India, who sung around 35000 songs in various Indian languages including one English song, for Eight Decades and Won the hearts of people all over the globe.

Name: Aditya Ugale (Grade 6)

ABBS has a spirited choir and a combination of Indian and western musical instruments. Harmonium.

Basauri/Flute, Dholak, Tabla are Indian instruments, whereas western music includes Keyboard, Congo, Bongo, Djembe, Triangle, Eggshell, Cabas, Khanjari, Ukulele, and Guitar



The three flutes found at the Geisenklösterle Cave archaeological site are the oldest instruments in the world. Two of the flutes are made from the bones of mute swans and the other flute is made from mammoth ivory. Researchers have radio carbon . The flutes are between 42,000 and 43,000 years old.

Name: Ritesh Khairnar, Grade 6



Melodious French Monarch Edith Giovanna Gasson is still remembered by the people, even after of her 76th year of her death for her contribution in the field, Especially the song Do, re, mi fa so la ti do.

Name: Harshada Pawar (Grade 6)

Shreeya : Our ABBS Sport Captain Sanchit kavre is here with us, let us see what he has say about Sports in ABBS and in general.

Sanchit: ABBS is well equipped with Indoor and outdoor sport facilities. Courts of basketball, football, badminton, volleyball, kho-kho and both the outdoor- indoor gym make my school compete with any international school. Here are the opinions and some articles on sports from my teammates.

Get Set Go....



Mallakhamb in India
Mallakhamb is an ancient traditional acrobatic sport of India which is associated with the use of a pole. You will be amazed to see our gymnasts perform aerial yoga poses while being on the pole. Mallakhamb can be performed using a pole, cane as well as a rope. This sport was used as a training which was provided to the soldiers by their kings as a warfare technique specially for climbing the difficult facades of forts. I am very proud to inform you all that this sport is also being recognized internationally.

4:30 pm is my favourite time of the day because I am allowed to reach the ground and play my favourite sport 'Cricket' with my friends. Those long sixes and boundaries provides me with full satisfaction and makes my day.

Name: Sanchit Kavre
Grade 8

Have you heard about a game called Kho-Kho? This game consists of 12 players in each team but 9 players are allowed to play. This game is about strategy and competitive spirit and that is the reason I love it!

Name: Sayali Sandbhor
Grade 8

We have developed a new hobby of playing Football in rains. Several times I have injured my foot but that has not stopped me from playing football. That satisfying goal lights up my face as if tens of tube lights are shining on my face.

Name: Payal Thakur and Annu Sinha
Grade 8

Our sports sir calls me 'The Carrom champion', it is because I won all the rounds during the interclass carrom competition which was held in the month of March 2021. I won a trophy and a certificate and made everyone proud.

Name: Shree Sonawane
Grade 10

Cycling in France

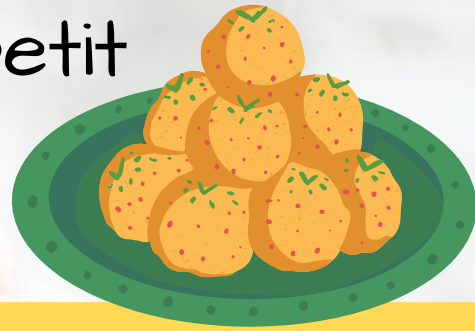
France usually has flat plains or gently rolling hills which makes it the best place for cycling. People are all set with their cycles to enjoy the beauty of mother nature usually from early spring to late autumns.

There are variety of landmarks which offer you varied scenery while you enjoy cycling. If you ever wish to go on a cycling holiday to France, make sure you do not miss the 'Tour de France' where multiple stage bicycle race is held in the month of October. I am amazed to hear about cycling being a sport which is widely accepted by people of France majorly and now also by many parts of the world.



French Cycling Legend: Jeannie Longo

Bon Appetit



Sophie's famous chocolate cake



Ingredients

100 g dark chocolate
100 g of butter
50 g of white flour
150 g of white sugar
1 pinch of salt
3 eggs

Heat the oven to 180 Celsius.

In a saucepan, melt slowly the chocolate with the butter on low fire.

In a bowl, mix the sugar, flour, eggs, and salt.

Add the melted chocolate in the bowl.

Add to the buttered dish.

Put in the oven for 20 minutes.

Icing (Ingredients)

100 g dark chocolate
60 g of icing sugar

Melt the chocolate and add the icing sugar.

Mix until it is a smooth paste.

Apply to the surface of the cake.

Enjoy!!

Name: Devka Daswani

Besan ke laddoo .

Ingredients

Chickpeas flour (500gm) Clarified butter (500gm)
dry fruits, Powdered sugar (500gm) , Cardamom powder and nutmeg powder (mix both) (1 tbsp)

Recipe:-

Take a wok , add 500gm of clarified butter to it ,let it melt.

Now add chickpeas flour to the clarified butter stirring till the time it becomes dark yellow on low or medium flame.

Take care that the flour doesn't burn and stick to the wok.

Keep adding powdered sugar in the wok step by step (caution- Do not add the sugar all together otherwise there will be lumps.)

Add the mixture of Cardamom and nut meg powder for the beautiful aroma.

Keep the mixture aside and let it cool for 15 – 20 minutes.

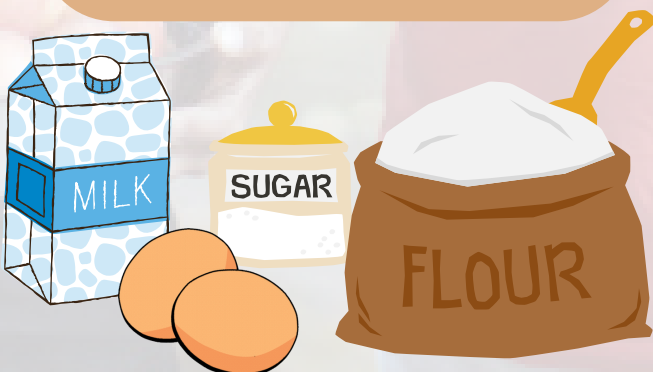
Then add some Clarified butter to your palm and start making the laddoo by pressing it against your palm for giving the beautiful round shape to the laddoos.

Now you can garnish your laddoos by adding variety of dry fruits to it.

You will get 25-30 laddoos during this process.Let the laddoos cool down completely and store it in the air tight container.

You can enjoy this laddoos as a snack.

Name: Muskan Khan(Grade 6)



Rendezvous

Shweta: How do you keep yourself updated about the child's progress? What are the ways that help you in tracking the progress of child?

Anita Aai: Living in Balgram gives me an advantage of having a regular interaction with all the teachers. Keeping a track on student's progress has become easy because of the H.W group on Whatsapp. We have been allotted days where we could come and have a conversation about any child with the teacher in charge. Due to less communication gaps, students are on the path of improvement. Sadan mothers and teachers work as the two sides of the same coin.



Kalyani: How do you explain a parent's contribution towards the child as well as the school?

Kalpana Zore: School is the part of the community. The past two years were very difficult for the school and school asked for help from the community. Both my children have completed their education from ABBS, so it my responsibility as a parent, as a Nagar sevak to help our children in times of need. Every Saturday, I had sent health workers to sanitize the whole campus and keep our children healthy and safe.



Day in the life of ABBS

I never thought the small DIY kits coming out of those hexagonal boxes with variety of fun science projects were going to make me so happy and remind me of my childhood where we assembled various parts available to create a best out of waste science experiment

- Shruti Bajrang Marathe, (Grade 9)

Our science teacher taught us Newton's law through theory and it was difficult for me to remember those long definitions. But, thanks to Box of science available at our school Newton's law became effortless and unchallenging for me Bhagyashree

- Tukaram Marathe, (Grade 9)

Sitting in the classroom, I saw huge boxes being carried away to the school hall by some people. Those huge boxes made me wonder about its content. When I reached the hall, I saw pizza like boxes and my happiness knew no bound after seeing those. To my surprise those were the packages of small science working models, trust me those models gave me equal satisfaction to devouring a large cheese burst pizza

- Snehal Shilawane, (Grade 9)



Box of Science



STEM Lab

On the Periscope... what a beautiful view. Clouds over mountains of our hill station Lonavala, surrounded by greenery. All I could see from the windows of my STEM lab- Rohit Sandbhor, (Grade 8)

Have you ever seen the various types of magnets? Well, iron and steel are their best friends. I learnt in our STEM lab that magnet has two actions and its called attraction and repulsion - Harshada Shivsharan (Grade 9)

We were fortunate enough to meet various successful people narrating their experiences during the Bal Baithak sessions. But, I have a fond memory of one of those sessions where I got to meet a man who was friends with snakes. He taught us various ways of establishing a cordial relationships with snakes without hurting each other- Joyce Bhutia, (Grade 9)

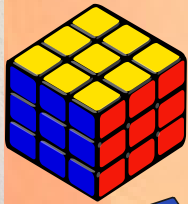
There are heroes who walk among us and they never look for any praise or recognition. They work silently with all the courage and might. I got to meet a person during the Bal baithak session. He was an IPS officer, a person who taught me the most important lesson in life- a lesson of being "a selfless person"

- Vinayak Ghosh, (Grade 9)

Bal Baithak



Day in the life of ABBS



Hidden Talent

I believe I can call myself a master of cube. Do you know why? Because I can solve the Rubik's cube in approximately 16s. Would you like to challenge me?

- Sanskar Dive, (Grade 8)

It always feels good when a shy, introvert girl like me is recognised and given a chance to become an efficient leader. To grow as an individual and express one self in the most efficient manner. The student leadership programme holds a special place in my heart for it gave me a chance to grow as an individual- Priyanka Ugale, (Grade 10)

I would like to call myself as a born leader because I thought I had all the necessary qualities of becoming a potential, responsible member of the Student council but they say "A diamond also needs polishing with enough pressure and time to become spectacular". I'm that Diamond- Riya Kamble, (Grade 10)

Student Leadership



Gardens for Life

Rain rain come today, go away another day, for Little Amika wants to plant some nutritious saplings full of minerals and vitamins. The above two lines describes my whole experience and excitement of planting saplings of various types of vegetables in our school field –

Amika Rana, (Grade 8)



I have a fond memory of vegetable plantation wherein our Mathematics teacher thought of teaching us Area and Perimeter concept through hands on experience. I remember the ways we plotted a rectangular field and then divided it into rows and columns for planting variety of vegetables like cabbage, cauliflower, tomato, brinjal, chilli etc. I would never forget the concept of Area and Perimeter ever in my life. - Payal Sandbhor (Grade 8)

Day in the life of ABBS

Student Pyramid



One day me along with my friends decided to grab some raw mangoes from the tree, do you know how did we get those mangoes...oh yes! We created a human pyramid and got raw mangoes to make yummy pickles. We learnt this art of human pyramid by participating in this activity in school.

- Sanskar Dive, (Grade 8)

Me and my friends learnt an art of creating a strong wall by nothing but just our body and arms. We learnt a value of strategic planning and skill of standing united during the tough times and helping each other grow in every sphere of life through the human pyramids we performed during Gopal kala festival.

- Sandesh Payal, (Grade 5)

Ask Why Session

They say students mind is filled with millions of how, when, where and why. I think I have more than millions of why to be clarified and that is why I always reached the principal room with my Pitara of questions and left the room with content in my heart for I had received my answers,

- Treasha Kharat, (Grade 7)

One day I saw the sky change variety of colours during sunset. It went from red to orange to yellowish pink and I was amazed by the beauty of nature. But there were many questions in my mind and I rushed to our principal's office immediately after school to get it clarified in our 'Ask Why?' session - Manika Tamang, (Grade 8)



Day in the life of ABBS

Paddy Farming

I always wondered how would it feel to be in someone else's place for a day performing their duties. I was lucky enough because I got a chance to be a farmer- the pride of India for several days. The fond memories of ploughing the field, transplanting rice saplings till the time of harvesting fills me up with gratitude towards my school for providing me with this opportunity
- Manika Tamang, (Grade 8)



I believe, I am a nature lover. I love to study outside the four walls of our classroom. One fine day we visited the rice fields of a farmer and decided to perform the process of threshing by beating the grains on the threshing rack to obtain grains. It was the best memory because I loved performing this activity with my friends and enjoyed these moments a lot
- Sanchit Kavre, (Grade 8)

My favourite place in the school is toy library. I always trouble my teachers a lot to take me to play with those toys because I love to have fun with my friends
- Ansh Prakash Jain, (Grade 5)

Toy Library

I want to tell you that I have lots of favourite games in the toy library but the most preferred game for me is the "Traffic control Airport" game. I play this game with my teachers and friends.
- Chaitanya Marathe, (Grade 5)

When I was very small, I used to play snakes and ladder with my sisters. I am lucky I found a similar game in our toys and the name of the game is 'Maze Adventure'. Would you like to play with me?
- Aarush Yogesh Kharat, (Grade 5)

I feel happy and glad to go to toy library. I love to play with the dolls here with my girlfriends but I am also very eager to learn some more games, would you please teach me some more games?
- Muskan Shaikh, (Grade 4)





Yash Gorkhe
Grade 9

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